



Public Forum to discuss Suicide Prevention

April 28, 2010, 6-8pm

**Valley Medical Center's Specialty Center Building,
Room BQ160 (basement) Free parking** in parking garage

Buffet dinner provided from 5:30pm for the first 100 people

Translation services available: Spanish, Vietnamese, Mandarin, Tagalog

The Santa Clara County Suicide Prevention Advisory Committee (SPAC), co-chaired by Supervisor Liz Kniss and Mental Health Board Member Vic Ojakian, warmly invites you to attend a Public Forum to discuss **WHO is at risk of committing suicide? WHY do people commit suicide? HOW can we prevent suicide? and WHERE are services available?** Be part of the effort to define how we, united as one community, can prevent these deaths and cries of help by cherished members of our community or our own family.

To learn more about the extensive work that this dedicated committee of 40 people from different groups, agencies, and interests have undertaken these past four months, call or email Elena Tindall at Elena.tindall@hhs.sccgov.org, (408) 793-5843, or visit the Santa Clara County **Suicide Prevention website** at www.sccgov.org/spac for a treasure trove of information and resources.

Make your voice heard because "Every life counts, including yours!"

Santa Clara Valley Medical Center Campus



= Free Parking entrance



= Valley Specialty Center Building

VMC-Valley Specialty Center, Basement – RM #BQ160, 751 S. Bascom Avenue, San Jose 95128

Public Transportation: If you're using public transportation, visit www.vta.org for route schedules and maps. You can also call the Valley Transportation Authority (VTA) Customer Service Call Center at (408) 321-2300 for more information.