



The Enneagram in Human Systems

Emotional Intelligence is the **greatest predictor of success** in primary, personal and professional relationships. (out-distancing IQ and education)

Emotional Intelligence is the ability to know and manage yourself, understand others accurately, and interact with others productively.

People with Emotional Intelligence are **happier** because they have:

- Realistic self-assessment
- Greater self-acceptance
- Larger support and friendship networks

Relationship Systems with Emotional Intelligence experience **more satisfying and fulfilling relationships. They**

- Experience less stress and manage it more effectively
- Work better with others
- Take more responsibility for their behavior
- Are more willing to learn and grow
- Make better decisions
- Display more empathy

“We are created, not for isolation, but for relationships. At heart, we are not a thousand points of separated light but rather, part of a larger brightness. Within organizations, caring and committed relationships are not a luxury. They are a necessity.” D. Johnson, F. Johnson

How do you increase emotional intelligence in your human system?

The Enneagram is a system that identifies nine distinct personality styles. Each style has a predictable pattern of thinking, feeling and behaving resulting in a different:

- Communication style
- Way dealing with conflict
- Preference in giving and receiving feedback
- Roles played on teams
- Leadership paradigm

Interactive exercises reveal to participants the subtle but significant differences in personality styles that cause

- Miscommunication
- Conflict
- Stress

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